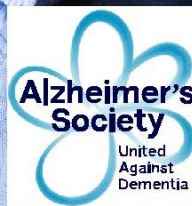


# Do you care for someone with dementia?



Attend our carer workshops in Guildford for information and support.



Your local workshops will run for four weeks from 30 June – 21 July and take place every Friday from 10.00 – 12.30pm at the Guildford United Reformed Church, 83 Portsmouth Road, Guildford, Surrey, GU2 4BS

To book a place and for more information about your local Carer Information and Support Programme please contact the Alzheimer's Society local office on 01403 213 019 or [surrey.locality@alzheimers.org.uk](mailto:surrey.locality@alzheimers.org.uk)

We look forward to hearing from you

## What is the Carer Information and Support Programme?

The Carer Information and Support Programme is a series of workshops for people caring for a family member or friend with dementia. It provides an opportunity for you to talk in a friendly and confidential environment about your experiences and the impact they are having on you.

The workshops aim to provide you with information and support.

Topics will include:

- what is dementia?
- how you can support and care for someone with dementia
- the support services that are available
- planning for the future.

## Who will be there?

The workshops are run by Alzheimer's Society staff and volunteers for a group of up to 12 people who care for a family member or friend with dementia.

## About Alzheimer's Society

Alzheimer's Society is the UK's leading support and research charity for people with dementia, their families and carers. We run quality services, fund research, advise professionals and campaign for improved health and social care and greater public understanding and awareness of dementia.